



# Gryphon West Gym Club



## April 2018 Newsletter

### Term Dates:-

#### Thursday-Westfield

3<sup>rd</sup> May  
 10<sup>th</sup> May  
 17<sup>th</sup> May  
 24<sup>th</sup> May  
 31<sup>st</sup> May – **NO GYM**  
 7<sup>th</sup> June  
 14<sup>th</sup> June  
 21<sup>st</sup> June  
 28<sup>th</sup> June  
 5<sup>th</sup> July  
 12<sup>th</sup> July  
 19<sup>th</sup> July-**Last Thursday session**  
 26<sup>th</sup> July - **NO GYM**  
 2<sup>nd</sup> August - **NO GYM**

#### Saturday-Gryphon

5<sup>th</sup> May  
 12<sup>th</sup> May  
 19<sup>th</sup> May  
 26<sup>th</sup> May  
 2<sup>nd</sup> June  
 9<sup>th</sup> June  
 16<sup>th</sup> June  
 23<sup>rd</sup> June - Sandford Orcas Display – Times TBC  
 30<sup>th</sup> June  
 7<sup>th</sup> July  
 14<sup>th</sup> July  
 21<sup>st</sup> July  
 28<sup>th</sup> July  
 4<sup>th</sup> August - **Last gym session**

#### Sunday - Gryphon

28<sup>th</sup> May – Sherborne Castle  
 10<sup>th</sup> June – D&W @Gryphon  
 1<sup>st</sup> July – Blandford Spring Challenge  
 8<sup>th</sup> July – Johnson Park Display  
 15<sup>th</sup> July-CDC Comp @Honiton

We will break for the summer holidays on Saturday 4<sup>th</sup> August. We will return to gym on Thursday 6<sup>th</sup> September. Enjoy the break but please remember to keep up with some conditioning.

### FEES

Summer term fees are now payable and invoices have been issued. Please fill in and return your slip with either a cheque (payable to Gryphon West Gym Club), cash or direct into the bank with your child's name as a reference.

**Bank details: Sort Code: 20-99-40 - Account No: 40724262**

Full term: 1<sup>st</sup> Child £100.00 Half term £50.00  
 2<sup>nd</sup> Child £90.00 Half term £45.00

Gymnasts doing one session per week:

Full term: 1st child £65.00 Half term £32.50  
 2nd Child £58.50 Half Term £29.25  
 Concessions (with proof): Full term - £32.50 Half term – £16.25

### DATES FOR YOUR DIARY

28<sup>th</sup> May – Sherborne Castle Country Fair  
 10<sup>th</sup> June – Dorset & Wilts Competition @ Gryphon  
 23<sup>rd</sup> June – Sanford Orcas Display – TBC  
 1<sup>st</sup> July – Blandford Spring Challenge @ Blandford Gym Club  
 8<sup>th</sup> July – Johnson Park Fun day  
 15<sup>th</sup> July – CDC Competition @ Honiton  
 Sept – 29<sup>th</sup>/30<sup>th</sup> – Honiton All Floor levels  
 Oct 5/6/7<sup>th</sup> London Festival  
 Oct 13/14<sup>th</sup> NDP Floor – Yate  
 Oct 21<sup>st</sup> – Club Level Tumbling – Gryphon  
 Dec 8/9<sup>th</sup> TBC – NDP L1-7 Bath  
 Feb 10<sup>th</sup> 2019 – L1-2 NDP Tumbling – Gryphon  
 Feb 24<sup>th</sup> 2019 – L3+ NDP Tumbling – Bath  
 March 3<sup>rd</sup> 2019 – Schools Acro & Tumbling  
 March 24<sup>th</sup> 2019 – NDP top 10 all Levels Bath

## **CLUB LEOTARDS**

We are now a stage closer to sorting the club leotards; a sample has been received to look at sizing. If you are interested in purchasing a leotard they are £34, please send your money (minus the smartie tube amount) in a labelled envelope. The first leotards are now on order and will be arriving soon. We have 4 different sizes on order which will be available to try for size. As we receive money we will process your orders. Thank you

## **LONDON FESTIVAL**

The festival this year is a week earlier than usual on the 5<sup>th</sup>/6<sup>th</sup>/7<sup>th</sup> of October. If your child is interested in going we are now collecting a £30 deposit. Please place your money in a named envelope and hand in. There are no further details at the moment, but the scout hut and the mini buses are already booked. We anticipate that the amount payable will be around £125, like previous years.

## **DONATIONS**

There are a couple of competitions coming up that we are hosting. The first ones are Tumbling – Feb 11<sup>th</sup> and Schools March 4<sup>th</sup>. These competitions are a good fundraising opportunity and we rely on parent donations to sell on the day in order to raise money. These opportunities are what keep the fees down and allow the club to subsidise courses and opportunities for gymnasts. Please remember that nearer the time we would appreciate donations of filled rolls, labelled and wrapped, homemade cakes and biscuits. Even if your child is not competing in the competition, the money we raise will benefit them. Thank you.

## **CLOTHING**

Please make sure your child is suitably dressed for gym, warm clothes to arrive and leave in and a leotard must be worn at training. Hair must be tied up in a bun. Gymnasts are reminded that the use of mobile phones while in a gym session is not allowed.

Please make sure that Heelies are not worn to gym; not only is it a safety issue but they are banned from the Leisure Centre as they mark the floors. This also applies to any siblings attending the centre. Thank you

## **FUNDRAISING**

Don't forget to have a look and sign up to the easy fundraising page:

[www.easyfundraising.org.uk/causes/gryphonwestgc](http://www.easyfundraising.org.uk/causes/gryphonwestgc)

This is a good way to raise money for the club while doing your usual shopping, at no extra cost to you. Thank you

## **PACKING AWAY**

Could we please encourage as many parents as possible to enter the gym at the end of a session to help pack away equipment. The more help we have the less time we need to spend packing away. This is time that comes from the gymnasts training time so it will benefit them if all parents could please come and help us rather than sit in the foyer or watch from the balcony. Thank you

## **WEBSITE**

We are very close approx. 4 weeks away from having a brand new website, we are doing a lot of work atm for the details to be included, however you can help if you have any quality photos from 2017, please could you either bring them into gym or scan and forward to [thefivebells@tiscali.co.uk](mailto:thefivebells@tiscali.co.uk) just telling when they were taken.